949-565-2993

JULY 2019



SPAIN, PUMP IT UP, AND BACKYARD CARNIVALS What Makes a Barnett Birthday?

My birthday is at the end of July. This year, I'm turning 40. It's a little weird to say because I don't feel 40, but then again, I don't think anyone ever does. I don't have a huge party planned; honestly, I prefer to stay home and have a small celebration with my family. With this milestone birthday coming up, I've been thinking about some of my past birthday celebrations.

My favorite childhood birthday was when I was 5 or 6 years old. My parents set up these wooden cutouts and made a carnival in our backyard. We had tons of games, used water pistols to shoot out lit candles, and threw darts at water balloons. For a kid, this was the most fun you could have in July in Orange County.

Recently, when I asked Nicole about her favorite birthday, she told me about turning 20 while in Spain. On her birthday, she and her friends went to a small town outside of Barcelona that does human tower competitions. This was exactly what it sounds like: groups of people competing to see who could stack the most people the highest. If you haven't heard of this, I recommend looking it up on YouTube. It's wild! Afterward, they spent the rest of the day floating in the Mediterranean Sea. To be honest, I think Nicole's favorite birthday beats mine.

Our whole family has summer birthdays, sprinkled from June to August. Nicole and I don't plan big parties for ourselves, but we love to go all out for the kids. For months, Harlow wanted a "Little Mermaid"-themed party, but she recently changed her mind and decided she wants a Rapunzel party. She really loves the movie "Tangled." Meanwhile, Finn had his heart set on a party at Pump It Up.

Pump It Up is this crazy play-land filled with inflatable bounce houses and obstacle courses. It's a kid's dream. Finn had been asking to have his birthday party at Pump It Up since his cousin had his birthday there last November. The funny thing is Finn doesn't exactly know when his birthday is. He'll wake up some mornings, look around with his eyes all wide, and ask, "Daddy, is it my birthday yet?" He looks so hopeful; I just want to tell him yes and celebrate Finn all day.





This is really why Nicole and I love throwing parties for Finn and Harlow. We want our kids to feel loved and celebrated, but, selfishly, I love being able to create these memories for them. It feels good to see them having fun and enjoying those special moments. I want my kids to each have a day that's all about them.



As a brother and sister pair, Finn and Harlow always have to do things together. While it's clear how much they love each other, siblings are always naturally trying to compete for the center of attention. They need their own time in the spotlight. One year, we tried to do a joint birthday for Finn and Harlow. They made it clear very quickly that such indiscretion would not be tolerated again.

Finn's birthday was in June, and yes, he got his party at Pump It Up. He had the best time. I loved watching him run around with his friends and go a little crazy. As a parent, it's always great to see your kids enjoy

a special day that's all about them.



-Case Barnett

PATH TO VICTORY A HitList to Help Our Clients

Although it's only July, we've already had a very busy summer. We are continuously grateful for all of the wonderful clients who trust us with their legal matters. We are touched by every single one of their stories, and each client leaves a lasting impact on our entire firm.

When we take on a new case, we follow a very detailed system we call "The HitList." Our entire team meets, and we hit the ground running. After an initial one-on-one meeting with the attorney, our clients can rest assured that we are handling all of the complicated details for them. Our team creates a path to victory, laying out the plan of action. Often, because of this organization and efficiency, the insurance company will quickly pay the policy limit on the case. Many cases have settled in less than 6 months for policies up to \$2 million. When the attorneys for the insurance company see that we are ready, willing, and able to face them in a courtroom, they are much more likely to play fair.

When the insurance company tells us that they will not be offering our client fair monetary compensation, we push forward and battle. The HitList takes us through filing, discovery, and trial of the case. If we commit to taking a case, we commit to dedicating everything we have to it.

When it comes to choosing which cases we will accept as a law firm, we don't run a mathematical equation to determine if we should take a case on; we run a human equation. We work with clients with whom we connect, who have a story that must be told by us. We work with honest, hardworking, and all around good human beings. By surrounding ourselves with such amazing clients, we wake up each and every day excited to fight for them. Thank you for letting us be your law firm!

Every legal matter is different. Without knowing the extent of the injuries suffered, the insurance policies available, or the complexities of liability and negligence, it is impossible for a final settlement number to be fully understood. That said, here are the cases we have closed out for our awesome clients this summer.



CASE CLOSED!

Traffic accident: \$50,000 (Policy limit)

Traffic accident: \$100,000 (Policy limit)

Traffic accident: \$30,000 (Policy limit)

School injury: \$85,000

Trip and fall on public sidewalk: \$200,000

Elder abuse: \$100,000

Medical malpractice: \$175,000

School injury: \$45,000

OUR CLIENTS SAY IT BEST

"Top notch skill combined with high class advocacy makes Case Barnett Law a solid choice for any PI case. Case has the unique ability to balance aggressive litigation with the panache of a statesman. His opponents have no idea they are losing until it's too late. I recommend him as an attorney and a person, hands down."

-Kevin S.

"Thank you for all of your hard work and dedication involving my case. You were organized, thorough, professional and there for me during a difficult time in my life. I've dealt with numerous attorneys as a police officer, and you stand out as being one of the best. During my case, you were top notch and brilliant on a level that would exceed anyone's expectations. I'm grateful to have chosen you as my attorney. I would highly recommend you to anyone, and thank you again for fighting for me until the end."



-Derrick D.

Reminder About Our Firm's Communication Policy: Our promise to you is that we don't take inbound calls or emails while we are working on your case. Case Barnett takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 949-861-2990 and schedule an in-person or phone appointment, usually within 24–48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So, if it's really important, don't email — call the office instead.

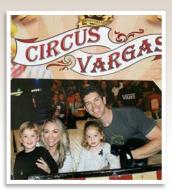
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A Summer of Holidays









Last month, our family celebrated four fun holidays!

First, there was Circus Day. I think Mommy made this one up, but it was so fun that it should be a real holiday. We read books about the circus, did crafts, and played circus games. During breakfast, Mommy played circus music on her phone and Daddy even started juggling. A few days later, Mommy and Daddy surprised us with a trip to a real circus. There was a huge tent, and inside was like another world!

Next, we celebrated the best daddy in the world. We helped Mommy pick out some tools for barbecuing since Daddy just got a new grill in our backyard. We are really excited to make our own homemade pizzas and, of course, Daddy's worldfamous tacos and burgers.

On the first day of summer, June 21, we learned the summer solstice is also the longest day of the year. Finn and I were both really excited to learn about the longest day because neither one of us like sleeping. Daddy said, "that's what blackout shades are for," whatever that means. We helped make a summer bucket list. It has tons of fun things on it like "eat watermelon," "play in the sprinklers," and "roast marsh-mallows."

The very next day, it was Finn's birthday! He had a superhero party at this fun place called Pump It Up! Finn dressed like Ant-Man, and I wore a Wonder Woman costume. Pump It Up has rooms full of giant blow-up bounce houses and we spent all day bouncing. Lots of our family and friends came and we got to have cake, sing happy birthday, and eat yummy pizza.

There are even more holidays to celebrate this summer. My daddy's birthday is at the end of July. He's turning 40, so he might be the oldest person in the world. And five days later, I'm turning 3!

It's going to be a fun summer, and I can't wait to tell you all about these celebrations next time!









Watermelon Cucumber Skewers

Inspired by CookingLight.com

Ingredients

- 1 medium-sized watermelon, cubed
- 2 cucumbers, cut into 1/4-inch rounds
- 1 block feta cheese, cubed
- 1 bunch fresh mint leaves
- Salt, to taste

Equipment

1 packet of bamboo skewers

Directions

- Assemble skewers by placing one watermelon cube, one cucumber round, one feta cube, and one mint leaf on skewer in that order. Repeat until skewer is full.
- 2. Lightly season with salt and chill in fridge until right before serving.

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This publication is intended to educate the general public about personal injury and elder abuse. It is not intended to be legal advice. Every case is different.



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LIMBERING UP

For Your Next Road Trip

Even though road trips offer you a break from the monotony of your office, the stiffness in your muscles and joints that comes from sitting in one position for too long can follow you onto the road if you're not careful. Whether in front of a laptop or behind the wheel, taking the opportunity to stretch and exercise on your summer road trip is a great way to prevent the soreness from following you back to the office. Here are a few stretches to keep in mind for the next rest stop.

For the Neck Reach your left arm over the top of your head and touch your right ear. Then, gently pull your head to the left and hold it there for 15 seconds. Repeat this process with your right arm.

For the Chest Stand in front of a doorframe with one hand pressed on either side and your elbows at 90-degree angles, then lean forward. This will cause your chest muscles to open up. Hold this position for 15 seconds. You can do a similar stretch by bending downward while keeping your hands on your car door in front of you, stretching your entire upper body. For the Hips While you're driving, a good way to prevent sore hips is by making sure your knees are slightly elevated above them in your seat. Once you have the opportunity to stop, try doing some hip flexors. Kneel on one knee, slowly push your pelvis forward, squeeze your shoulders back, and open your chest. Hold this position for 15 seconds, then repeat while kneeling on the other knee.

For the Legs To stretch out your hamstrings, place your right heel on a small step. Extend your arms upward, and then lean your upper body forward. You'll feel a pull in the back of your upper leg. Once you've done this for about 15–30 seconds, repeat the process with your left heel.

The road may be long, but that doesn't mean you have to feel it in your muscles. If you stop every couple of hours and take some time to limber up, your body will thank you.

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