



CASE BARNETT
— LAW —



OUT TO THE BALL GAME

GREAT MEMORIES AND SPRING TRAINING

When I was 7 years old, I met my childhood hero, Wally Joyner, first baseman for the California Angels. He was the first rookie to be voted into the All-Star Game by fans in 1986, and he was my all-time favorite baseball player. Childhood memories tend to be a little blurry when we think back on them as adults, but I can still remember that event vividly. At the time, meeting Joyner was the coolest thing ever. I'd still say it's one of the coolest things to ever happen to me — just below marrying Nicole and the birth of our kids.

I got to meet Joyner during spring training, and while that meeting remains my favorite spring training memory, it's not the only reason I love the beginning of this season.

Back when the Angels did spring training in Palm Springs, my family went out there all the time. We always had a blast. The weather was beautiful and the games were a lot of fun. Years later, all my college buddies and I kept the tradition alive by flying down to the Angels' spring training together every year.

There's something so nostalgic about spring training. Even though I haven't been able to go in years, I still remember the feeling of contentment when sitting down with family or friends to catch an Angels game during spring training. It's a different atmosphere than you'll find at games later in the season and completely different than a World Series game. The electric buzz of excitement you feel at make-or-break games is awesome, but there's something undeniably special about spring training.

Since the games don't really mean anything, everything is a lot more relaxed. The players are there to get ready for the season, but you can

“ It's during spring training that baseball really becomes America's favorite pastime, because you really are free to just pass the time for a while. ”



Me, in my Angels uniform with Vince Ferragamo and a childhood friend, circa 1986.

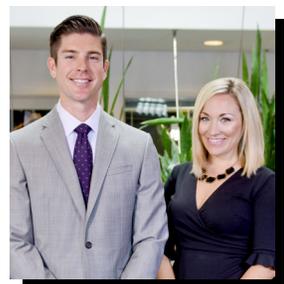
tell everyone has a bit more fun than they do in later games. There's a lot less pressure, and you're free to enjoy yourself more. During spring training, players spend a lot of time talking to fans, which is always really cool. Plus, my godfather is Vince Ferragamo,

former-quarterback for the Rams. When he came to spring training with us, we got to meet a lot of the players.

It's during spring training that baseball really becomes America's favorite pastime, because you really are free to just pass the time for a while. The weather is great, the fans are happy, and you get to connect with the people around you. You have an opportunity to really be in the moment.

I am excited to take my family to spring training when Finn and Harlow get a little older. Even setting aside meeting my childhood hero, I have fond memories of going to spring training with my family. That's something I want to share with my own kids. I think they will enjoy it just as much as I did.

—Case Barnett





The 3 Best Ways to PLAY HOOKY WITH YOUR CHILD

When Gary Chapman's book "The Five Love Languages" came out, many people focused on building better relationships with their spouses. But just as words of affirmation, acts of service, touch, gifts, and quality time can help your marriage, these concepts can also help your relationship with your children. One way to show our children how much we love them is to spend quality time with them. And what better way to do that than to break them out of school to play some hooky?

BASEBALL Sharing your love of sports can be a fun way to bond with your child. While day games might not be as common as they used to be, most teams will have at least a few of them each month. These tickets are usually cheaper and often come with promotions to help draw in fans. While most everyone else will be at work or school, you and your child will have free rein of the ballpark. Just be sure to root for the home team!

THE ZOO The zoo is a great place to educate your child outside of school. They can play hooky and still learn something. Many exhibits will provide

information about the animals, their habitats, and conservation efforts. At the very least, your child might encounter an animal they've never heard of before.

FAMILY ENTERTAINMENT CENTER While classics like Skee-Ball and Pop-A-Shot may be harder to find, there are still plenty of exciting activities for you and your child to participate in. Hit up the arcade, peel out in the go-karts, or test out your putt-putt game over 18 holes. There's an activity for all ages at these fun zones, so you and your child will always have something to choose from.

Families often get so wrapped up in the activities of daily life and the chaos that accompanies it that fun is forgotten. What if kids were able to detach from the expectations of accomplishment placed on them in school and extracurricular activities and just focus on having a blast one day with Mom and Dad? Who knows — maybe by playing some hooky with your child, you'll find the kid in you!

WHAT OUR CLIENTS ARE SAYING

"Look no further! We all have preconceived ideas about lawyers, but when our child was involved in a traumatic accident in California (1,000 miles away from home), we needed help. We needed someone who could help us understand specific legal details and insurance issues in California, but even more importantly, we needed an advocate for our child and help getting our life back to normal."

"We were very fortunate to find Case Barnett. He and his team were immediately there for our child, assisting in all of the details (big and small) following an accident. Our relief was immediate, and it's incredible that we found someone who cared first and foremost about our child's well-being. We knew he was going to help us make things right again."

"If you're in need of an outstanding and caring legal team in Southern California to help you with an accident or personal injury situation, call Case Barnett."

-Terry

Case Christopher Barnett's Response:

"Thank you so much for your review. Being parents ourselves, it means the world to us that we can offer support to your family during this time. Your words touched us deeply, because helping families like yours is exactly why we are called to practice personal injury law."



Reminder About Our Firm's Communication Policy: Our promise to you is that we don't take inbound calls or emails while we are working on your case. Case Barnett takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 949-861-2990, and schedule an in-person or phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So if it's really important, don't email — call the office instead.

WHO HAS YOUR BACK?

Building a Reliable Team

We all need a team we can count on. No matter how talented or dedicated a person may be in their field, no one achieves greatness entirely on their own. Mike Trout has been named MVP twice, but he can't win a game if the rest of the Los Angeles Angels don't show up to play. At our firm, we are fortunate to have a team who always shows up ready to win.

In the last year, our firm has grown a lot. We started 2017 off with three team members. Now we're a full cast of nine. You can find our associates Paul Lopez and Jessica Johnston working alongside our managing partner, Case Barnett. They are experienced attorneys with a passion for seeing justice for their clients. Our team of litigation paralegals is made up of Kristin Arndt, Katie McConnell, and Brittany Perez, who do a lot of heavy lifting to ensure cases run smoothly. We trust Alejandra Elizalde, our client care specialist, to make sure each person who comes to our firm gets

the care they deserve. Our case manager, Briana Cazarin, keeps our clients' medical records in order. Overseeing all aspects of the firm and acting as our guiding voice, you'll find Nicole Barnett, chief operating officer.

There are new faces around the office, but each person is here because they all share the same core values. Each team member is an expert in their role but eager to learn something new every day. They believe in serving the client by doing the right thing and having the courage to never back down. Our team is the firm's most valuable asset, and we couldn't do the work we do without them.

When you call Case Barnett Law for help, you can rest assured knowing you'll have a full team of intelligent, hardworking people advocating on your behalf. If you need someone to have your back, give us a call at 949-565-2993 and let our team take care of you.

ATTORNEYS OF DISTINCTION

This month, we're thrilled to have Case Barnett Law appear in Orange Coast Magazine. In our full, two-page spread, we discuss these topics:

- What hard-working, affluent families need to know about protecting their wealth after an accident
- Why we don't take every case that comes through our door

- Our mission to get to know every client on a personal level
- Six questions to ask yourself before you hire an attorney
- A special offer only available to Orange Coast Magazine readers
- And so much more!

Pick up the April edition of Orange Coast Magazine to read the whole feature.



Roasted Asparagus With Lemon Breadcrumbs

Ingredients

- 2 pounds asparagus
- 1/3 cup plus 2 tablespoons extra-virgin olive oil
- Kosher salt
- Freshly ground pepper
- 2 garlic cloves, minced
- 1 cup panko breadcrumbs
- 1 tablespoon flat-leaf parsley, chopped
- 2 teaspoons lemon zest
- Juice of one lemon (not packaged lemon juice)

Directions

1. Heat oven to 425 F. Toss asparagus with 2 tablespoons olive oil and season with salt and pepper. Place on baking sheet and bake for 20–26 minutes, turning asparagus halfway through.
2. When asparagus is nearly done, heat remaining olive oil in a small skillet over medium heat. Add garlic and cook for 1 minute. Add breadcrumbs and cook for 5 minutes, stirring frequently. Remove from heat and fold in parsley and lemon zest.
3. Transfer asparagus to serving platter, drizzle with lemon juice, and top with breadcrumb mixture.

Recipe inspired by Food and Wine Magazine

Have a
LAUGH!

**WHAT IF THE HUMAN
IS NOT MY PET**



This publication is intended to educate the general public about personal injury and elder abuse. It is not intended to be legal advice. Every case is different.

245 Fischer Avenue, Suite B4
Costa Mesa, CA 92626



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The Message Behind Kindness Rocks



A SMALL TOKEN WITH A BIG MESSAGE

KINDNESS IS CONTAGIOUS

Have you ever had one of those days when nothing seems to go right? You wake up late, you can't find your keys, the kids aren't ready, and the day continues to unfold in a negative fog.

Those difficult days are the reason Megan Murphy started the Kindness Rocks Project. After her parents passed away, she found comfort in finding heart-shaped rocks and sea glass on the beach. She realized that these small tokens might make other people feel better, too.

Megan's friend, one of the first to pick up a rock Megan had left behind, sent her an encouraging message after finding it: "If you did drop this rock, you made my day."

Since then, Megan has inspired others with randomly placed messages of kindness. She finds a rock, paints a kind message on it, and leaves it on the beach for others to find. And the idea has spread. As the project has grown, so have people's stories about finding kindness rocks. When people find a kindness rock, they get a boost to their day, but they also feel inspired to pay the kindness forward.

How to Make Your Own Kindness Rocks If you want to spread kindness, start with a few smooth 3- to 5-inch rocks. Part of the adventure is in finding the rocks, so take the time to explore outside to find them. Maybe take the kids for a trek to a nearby park or beach.

Once you have your rocks, use nontoxic paint or spray paint to color them. Use bright colors so that others can spot them. After the paint has dried, use paint pens to write your messages on the rocks. These can be as simple as one word or as big as an inspiring quote or verse.

After you've written your message, use a clear nontoxic sealant to protect your artwork so it will be there when others find it. Find an outdoor space to leave your rock — maybe even in the original spot you found it.

In a world that often seems dark, your message of kindness will serve as a beacon of hope for others.

"One moment can change a day, one day can change a life, and one life can change the world." —Gautama Buddha