

CASE BARNETT LAW



WHAT THE FUTURE HOLDS

HOW WE STRIVE FOR A BRIGHTER 2018

Every now and then, Nicole and I go down to the beach, just the two of us. We bring along a notepad, we sit down in the sand, and we write out our goals for the future. Together, we identify what we want to achieve one, three, five, 10, and 20 years down the road. In the notepad, we have things like “Fund the kids’ college savings,” “Plan a big family trip,” and “Expand the firm.” It’s great to see a goal written out, because it transforms them from a far-off want into something tangible that we can plan for and achieve. A big goal we were able to cross off in the last few years was “Start a family.”

Whether you keep New Year’s resolutions or not, the start of a new year is a great time to set some goals you want to achieve in your life. We have the opportunity to look back on the last 12 months, see where we’ve been, what we have achieved, and where we want to go next. January is a great time to make note of your recent successes, personally and professionally.

Going into 2018, our office finds itself in a completely different place than where we were at the start of 2017. We started last year with three people on our team. By November, we had nine people in the office working on cases and helping clients. We spent the year growing, and now our team is made up of great people who share our values. We aim to hire based on personality and to find people who really want to help others. Experience is important, but experience can be taught and gained with a little effort. You can’t teach someone how to care for a person in need.

Nicole has worked hard to fine-tune our process at the office. As soon as we have someone trained well, we want them to be able to take care of clients right away. We’ve incorporated what we call our “hit list,” a set of standards that have to be met in every case to ensure each client receives the best care and service.

We saw a lot of success on this front, but it certainly hasn’t been easy. As we expand, we want to take on more complicated cases. Some cases



take years to see through to the end. We’re currently working with a young mother who suffered a terrible ATV accident. She was pregnant at the time, and the accident left her a quadriplegic. Miraculously, the baby survived and has since turned 2 years old, but there are still endless medical bills and struggles in their future. In another case, we’re seeking justice for the family of a 6-year-old who was killed in a dangerous apartment parking lot.

Not everyone is able to properly handle these kinds of cases. They’re challenging, and they’re sad, but in each case, there are people who need help. All year long, we took steps to better help these people, and that’s what we intend to do more of in 2018.

I wish you all a happy new year. May 2018 bring you the opportunity to achieve your goals and make strides toward a greater future.

-Case Barnett



The Best Valentine's Getaways TO FANTASIZE ABOUT

Valentine's Day is for fancy dinners, heart-shaped boxes packed with subpar chocolates, and fantasizing about the magical places you and your beau would have escaped to — if only you had the PTO. So, grab a glass of bottom-shelf cab sauv, cuddle up next to your special someone, and try to make them feel bad for taking you to Chili's instead of whisking you away to one of these picturesque fantasy lands.

Udaipur, India These days, meandering through the cobblestone streets of Paris with your loved one is très passé. All the real high-rolling romantics are migrating southeast to the famous Oberoi Udaivilas hotel in western India. Set in a traditional Mewari palace, visitors will feel like royalty as they stroll around the labyrinthine gardens that surround the elaborate cream-colored structure. Travelers can relax beside one of the many glassy pools sprinkled throughout the estate, all of which are enthusiastically attended by an unparalleled service staff.

Positano, Italy More than perhaps anywhere in the world, this place looks like it was lifted straight from a sappy romance novelist's

imagination. You and your partner can kick back on a balcony overlooking the entirety of this seaside town, taking in the century-old multicolored Italian architecture perched precariously on the verdant mountainside. Too small to accommodate swarms of tourists, it's the perfect place to while away the hours ambling from shop to shop, sampling the delicious local cuisine, and maybe taking a dip along the 300-meter beach.

The Maldives From a water villa smack dab in the midst of the glassy, ultra-blue Indian Ocean, you and your main squeeze can enjoy utter seclusion. Sip champagne in the shade of a palm overlooking an otherworldly sunset or get a little more adventurous, strap on a mask, and check out the abundant aquatic wildlife. Many hotels in the area even include access to an array of boats, perfect for your own private excursion along the mild waves. Of course, you could also always just stare, dumbfounded, into the horizon, wondering how such a place could actually exist on Earth.

DISASTER IN THE DELIVERY ROOM

Did Medical Malpractice Harm a Newborn?

Few events are cause for greater celebration than the birth of a child. Families are enthusiastic to welcome a new child into the world, but they can also feel nervous or afraid about an uncertain future. During this vulnerable time, expecting parents rely on their health care provider to help deliver their child safely. Tragically, there are occasions when this trust is betrayed. Although modern medicine has greatly reduced the chance of complications during labor, birth injuries can still occur due to medical malpractice.

A birth injury can be a physical or cognitive impairment resulting from a complication during gestation or birth. Many birth injuries are apparent right away, though others might go undetected until the child is unable to meet developmental milestones like rolling over, crawling, walking, or talking.

Here are some birth injuries that are commonly the basis for malpractice suits:

- Bone fractures
- Brachial plexus palsy
- Cerebral palsy
- Meconium aspiration syndrome
- Periventricular leukomalacia

- Persistent pulmonary hypertension of the newborn
- Shoulder dystocia

There are circumstances where these kinds of birth injuries are simply unavoidable. However, if a doctor prescribed medicine that is unsafe for use during pregnancy; failed to recognize or treat a complication during pregnancy; failed to react to complications during labor; incorrectly used forceps, vacuum extractors, or other medical tools during delivery; or made a mistake during a C-section, then their negligence may have caused the child's injury.

Some birth injuries heal over time, but others demand a lifetime of medical care. These medical needs often include multiple surgeries, assistive devices, physical therapy, accessibility modifications to the family home, and prescription medications. The costs of these needs add up and can overwhelm a family trying to provide the best life for their child. Compensation can help relieve the burden of these costs.

If you have any questions regarding the safety and health of your child, don't hesitate to contact the experienced legal team at Case Barnett Law. When malpractice leads to a newborn being injured during labor, parents have the right to take legal action to acquire compensation on behalf of their child.

Reminder About Our Firm's Communication Policy: Our promise to you is that we don't take inbound calls or emails while we are working on your case. Case Barnett takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 949.861.2990, and schedule an in-person or phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So if it's really important, don't email- call the office instead.

ACCIDENTS HAPPEN?

Victims of Orange County Accidents Deserve Compensation

When people think of accidents that require the help of an attorney, automobile accidents are the first on that list. Injuries caused by a collision involving cars, commercial vehicles, buses, bicycles, and motorcycles are all circumstances in which a person is likely to reach out to an attorney. But accidents are all too common off the road, too. Here are a few cases the experienced team at Case Barnett Law is prepared to handle.

BOATING ACCIDENTS California residents are lucky enough to boat on our state's beautiful lakes and rivers, and in the Pacific Ocean. Unfortunately, this can be a dangerous activity if boat operators are irresponsible. In 2016, the United States Coast Guard responded to 4,463 boating accidents. These accidents resulted in 2,903 injuries and 701 deaths. Everything from operator inexperience, excessive speed, intoxication, and navigational rule violations contributed to these accidents.

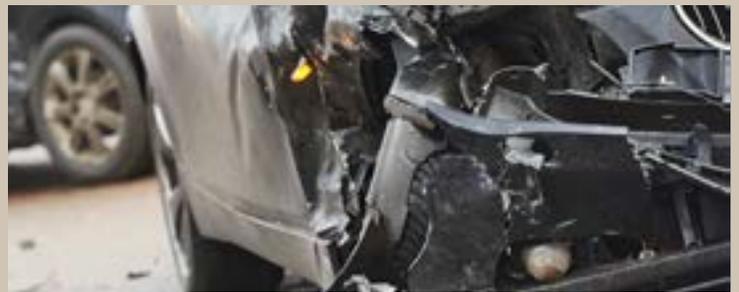
CONSTRUCTION ACCIDENTS Construction workers literally build our country at great personal risk to themselves. In 2015, 1 in every 5 work-related deaths occurred in the construction industry. This is in addition to the 58,000 construction workers who were injured due to falls, electrocution, trench collapses, fires, falling debris, and machinery accidents.

FARMING ACCIDENTS Every day, over 100 agricultural workers are seriously injured by tractor overturns, animal injuries, chemical exposures, or suffocation after being trapped in a grain bin or silo. The National Institute of

Occupational Safety and Health named farming one of the most dangerous industries in the United States.

RAILROAD CROSSING ACCIDENTS For the most part, common-sense practices are enough to prevent accidents at railroad crossings. Unfortunately, many railroad crossings lack basic safety features. Only 47 percent of public crossings have crossbucks, and just 36 percent have crossing gates! In 2016, there were over 2,000 accidents at railroad crossings, many of which lacked safety protection devices that would have prevented these accidents.

Accidents do happen, but when they are caused by negligence and someone is hurt as a result, a simple "oops" isn't enough. Before something is excused as "just an accident," injured victims have the right to legal protection and are entitled to claim compensation for their suffering.



Pistachio Goji Berry Granola

Ingredients

- 1 cup rolled oats
- 1/2 teaspoon salt
- 1 tablespoon coconut oil
- 3 tablespoons maple syrup
- 1/3 cup pistachios, chopped
- 1/4 cup coconut flakes
- 1 teaspoon cinnamon
- 1/3 cup goji berries

Directions

1. Heat a large skillet over low heat. Add oats in a thin layer and toast for 1–2 minutes. Add coconut oil and salt, then stir. Continue toasting for 5–7 minutes, stirring occasionally.
2. Add maple syrup 1 tablespoon at a time; stir to coat.
3. Once oats are toasted, add pistachios, coconut flakes, and cinnamon. Cook slowly until pistachios and coconut flakes are toasted but not burned, for about 5 minutes.
4. Remove from pan and stir in goji berries.
5. Let cool and enjoy as a snack or on top of your yogurt!

Recipe inspired by LoveAndLemons.com.

Have a
LAUGH!



"This publication is intended to educate the general public about personal injury and elder abuse. It is not intended to be legal advice. Every case is different."

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Reinvent Your Out-of-Town Workouts With These Apps



HIT 'DOWNLOAD' AND UNLOCK YOUR FITNESS POTENTIAL

Do all your early morning workout plans blast out of the jet engine when you travel? New time zones and ill-equipped hotel gyms may make you want to put off training. But now, with the internet just a tap away, there's no excuse to miss a workout.

Being away from home doesn't mean you have to abandon your fitness goals. Check out these apps (most of them are available for free from iTunes or Google Play) and work out wherever your travels take you.

FOR THE MARATHON TRAINER If you forget your Fitbit and need to track your miles, Moves has your back. With automatic tracking capabilities and features that tell you how far you've walked, cycled, or run, this app will help you stick to your training schedule. It also recognizes and maps routes you've run before.

FOR THE MEDITATION NEWBIE Wanderlust's guiding mantra is "Find your true north." During yoga, meditation, and Pilates classes, Wanderlust instructors can help you focus your energy and restore your physical and mental well-being. Download this app or

visit Wanderlust's website for free classes, like the 21-day yoga challenge, which can keep you disciplined and motivated. Additional workshops and events are available for a small subscription fee.

FOR THE FREQUENT FLYER Don't miss your workout just because you're away from your home gym. Use Rise Today to locate a class near you. Use filters to search for the type of class you want, from CrossFit to barre workouts. Once you've selected a class, you can secure a spot with the in-app reservation feature. There's no need to fall behind in your Bodypump class.

FOR THOSE WHO AREN'T MORNING PEOPLE An app that lets you finish your morning workout in bed? Yes, please! Yoga Wake Up does exactly what the name suggests: It wakes you up with a short yoga or meditation routine. From "Reach and Root Wake Up" to "Spirit Wake Up," you can select each morning routine's intensity. Choose a wake up, set your wake up time, and let the gentle voice of your instructor clear away the morning's inevitable grogginess. Forget breakfast in bed; you'll feel so much better waking up this way.