



CASE BARNETT
— LAW —



WARM BLANKET OF YAMS

The Best Part of Thanksgiving

Of all the Thanksgiving traditions my family had when I was growing up, my favorite was the Thanksgiving Turkey Bowl. We were a big football family, and when we weren't watching the Thanksgiving game on TV, we were outside playing flag football. I remember how nice it was to get outside and throw the ball around. It was super fun, and I was pretty good at it.

A lot of people play football on Thanksgiving, but my family's Thanksgiving football games were a little different because two of our players were professionals. My sister's godfather is Vince Ferragamo, quarterback for the then Los Angeles Rams. It was through Vince that our family met Jackie Slater, who played offensive line for the Rams. Vince and Jackie would join all the kids in our flag football game on Thanksgiving morning. It was an amazing experience.

I can't say we have professional athletes joining us for the holiday anymore, but I still look forward to Thanksgiving morning. I love the smell of Thanksgiving and the way the scent of cooking food drifts from the kitchen through the whole house. It's like being wrapped in a warm blanket of candied yams. With that smell comes the excitement of family coming to visit. Finn and Harlow are always so excited for their grandparents to come over. I really love the happiness and excitement of the door opening and everyone showing up to spend the day together.

We get to celebrate a lot of great family holidays, but Thanksgiving is my favorite. Christmas is great, but I know the kids can get really focused on the presents, so the gifts become distractions. Thanksgiving doesn't have that layer. Instead, it's a day to truly focus on family and warmth.

There are so many things I'm thankful for this year. My family is at the top of that list (surprising no one), but this month, I want to take a moment to express my gratitude for my firm and all of our amazing clients. Our team is made up of



Case with football player Vince Ferragamo



Marines we hosted for Thanksgiving last year, an annual tradition for the Barnett family



Case playing football with his dad

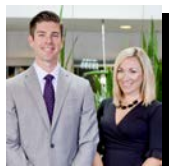
“ We get to celebrate a lot of great family holidays, but Thanksgiving is my favorite. ”

some of the most dedicated, intelligent, and hardworking people I have ever met, and the clients we work with are some of the most amazing people. I am beyond thankful for the opportunities that having the firm provides. It allows us to do a lot of good within our community.

The firm also grants me an amazing amount of flexibility to spend time with my family. Earlier this fall, my family was able to take a last-minute trip to Hawaii. It was completely unplanned and something we desperately needed. Finn has been sick for a long time, and this trip marked a new beginning of hope and healing for us. I recognize how privileged we are to be able to take that kind of trip, and I am so grateful to the firm for giving me the flexibility to be with my family when they need me.

I want to wish you all a Happy Thanksgiving. I hope you have plenty to be thankful for and enjoy a wonderful day of good food and great company.

—Case Barnett



ENGAGE YOUR KIDS ON THANKSGIVING

With These Gratitude-Themed Games

Thanksgiving is an excellent time to teach children about gratefulness. By planning some fun, gratitude-themed games, you can impart a valuable lesson and spend some quality family time together. Get your kids in the holiday spirit by adding a Thanksgiving twist to these classic games.

Pictionary Want to bring out your kids' creative sides? Pictionary is the perfect way to encourage artistic expression and grateful thinking. Try adding a rule where players have to draw something they're grateful for. This will get your kids thinking beyond turkey and stuffing and give them an imaginative way to express their gratitude. Plus, who doesn't love a good art contest?

Guess Who? To play gratitude-themed Guess Who?, have each participant write down their name and something they're thankful for on a slip of paper and put it in a bowl. Then, at the dinner table, have each person draw a random slip and read what it says without saying the name while everyone else tries to guess who wrote it. While Pictionary may get your kids talking about what *they* are thankful for, Guess Who? will tune them into what others around them are thankful for too.



Pick-Up Sticks Like regular pick-up sticks, the goal is to remove a stick from a haphazard pile without disturbing the others. However, by using colored sticks that represent different kinds of thankfulness — such as places, people, or food — you can make players think outside the box. This will ensure you get a wide range of creative, thoughtful answers whenever the kids pick up a stick.

These modified games are great for helping your kids realize how much they have to be thankful for. Use these to spend some fun, educational, quality time with your family this Thanksgiving.

HELP US MAKE THE HOLIDAYS SPECIAL!

Case Barnett Law's 3rd Annual Holiday Toy Drive

Case Barnett Law is dedicated to making some holiday magic with our charity, Giving Children Hope. For the third year in a row, we will be collecting new toys for local children in need. We'd like to invite all our readers to join us in this cause.

Interested in sponsoring a Christmas wish list? On Nov. 4, we will have wish lists from families who need a little extra help this holiday season. Your support helps make dreams come true for children in our community!

Give us a call to learn how you can be part of Giving Children Hope!

Unwrapped toys must be dropped off at our office by Nov. 22.

245 Fischer Avenue, Suite B4

Costa Mesa, CA 92673

Can't make it to the office? Gifts can be ordered online and delivered directly to the address above!

With your help, Case Barnett Law has been able to make the holidays special for families in our community. Thank you all for supporting Giving Children Hope!



Reminder About Our Firm's Communication Policy: Our promise to you is that we don't take inbound calls or emails while we are working on your case. Case Barnett takes no inbound unscheduled phone calls whatsoever. It makes him much more productive and helps get your case resolved faster. You can always call the office at 949-861-2990 and schedule an in-person or phone appointment, usually within 24-48 hours. This is a lot better than the endless game of "phone tag" played by most businesses today. Remember, too, that email is "quick," but is checked no more than twice a day. Replies are then scheduled into the calendar. So, if it's really important, don't email — call the office instead.

Finn's Story Time

Healing in Hawaii

Aloha!

This is Finn, and I'm so excited to talk about my family's recent trip to Hawaii. It was super last-minute. Mom and Dad had been talking about how awesome our trip to Hawaii was last year, and they reached out to the owner of the house we rented just to see if it was available. The owner said we were free to come visit! Three days later, Harlow and I were swimming in a pool on North Shore.



My family has made a lot of fun memories together in Hawaii, but this trip was really special because it felt like a new beginning. You see, I got sick when I was 2 1/2, and I've been sick ever since. That's half of my life being sick!



Mom and Dad took me to a million doctors, and I've had a bazillion tests, but no one could figure out what was wrong! One doctor even said I was making things up when I told her my eyes were hurting and itching so bad. That really hurt my feelings. Luckily, Mom always trusted me. She didn't care when the doctors told her I was fine; she believed me when I said I didn't feel good. Mom told me that if the doctors couldn't figure it out, she would. I always believe her because she always tells me the truth.

We finally found what Mom calls our "healing tribe." Right before we went to Hawaii, we found out that I have two different kinds of toxic mold in my system. My new doctors said that it could be causing a lot of things that have been making me feel sick and sleepy for so long. It's scary to think about, but I was happy to finally have some answers. I know my mom and dad will help me get better.

When we were in Hawaii, my parents spent a lot of time with me in the ocean. Mom said to imagine the ocean water healing my body. She told me that floating and praying are her favorite things to do.

I tried it out, and it did feel pretty good. One night, Mom and Dad

even let Harlow and me stay up late to watch the full moon come out. We saw a shooting star and the brightest moon I've ever seen. It was the best night of my life.

For us, Hawaii felt like the beginning of hope and answers and healing. It was just what our family needed!

-Finn Barnett



Burnished Potato Nuggets

Inspired by Bon Appétit

There are countless ways to prepare potatoes, but not all are created equal. For irresistibly crunchy outsides and deliciously creamy insides, try this recipe.

Ingredients

- 5 lbs russet potatoes, peeled and cut into 2-inch pieces
- 1/2 cup extra-virgin olive oil
- 1/4 cup vegetable oil
- 8 cloves garlic, crushed
- 2 sprigs rosemary
- Kosher salt, to taste

Directions

1. Heat oven to 425 F.
2. In a large pot, pour water over potatoes to cover by 2 inches. Salt water and bring to a boil over medium-high heat. Reduce heat and simmer gently for 10 minutes.
3. Thoroughly drain potatoes and let stand for 10 minutes. Toss gently and season with salt.
4. Meanwhile, combine both oils in a large pan and heat in oven for 10 minutes.
5. Remove pan from oven and add potatoes, turning to coat thoroughly. Return to oven and cook for 30 minutes, turning every 10.
6. Toss in garlic and rosemary and finish cooking for 8-10 minutes.
7. Drain and serve.

This publication is intended to educate the general public about personal injury and elder abuse. It is not intended to be legal advice. Every case is different.

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The Gift of Giving



CELEBRATING GIVING TUESDAY

Supporting the People You Believe In

November is usually all about Thanksgiving, but it isn't the only holiday that encourages generosity. Giving Tuesday is a phenomenal celebration in which millions of people from across the globe are inspired to spend 24 hours giving back to the communities they love.

Origin and Goal

Giving Tuesday is celebrated every year on the Tuesday following Thanksgiving, and this year, the holiday lands on Dec. 3! It was established in 2012 by the United Nations Foundation and New York's 92nd Street Y as a response to consumer-driven holidays like Black Friday and Cyber Monday.

The purpose of the holiday was to spread the spirit of giving, not only for the people in our nation but individuals across the world. The goal is "to create a massive wave of generosity that lasts well beyond that day and touches every person on the planet."

Technology at Its Best

Through the use of social media and technology, the organization hopes to encourage and spread generosity on a global scale using the hashtag #GivingTuesday. The website states that "... technology

and social media could be used to make generosity go viral; that people fundamentally want to give and talk about giving."

Through massive social media platforms like Facebook and Twitter, the individuals and companies participating in Giving Tuesday can spread their missions and messages all over the world, encouraging others to do the same.

How You Can Celebrate

Now is the perfect opportunity to support your community and the causes you believe in. The best part of this holiday is that "giving" doesn't just refer to donating money. People can give back by volunteering their time to help a nonprofit business, donating goods and food, or just buying a stranger some lunch. Even the smallest actions can have the biggest impact.

If you're interested in participating in Giving Tuesday, get together with your friends, family, sports team members, or neighbors to brainstorm on how you can give back. To learn more about how you can participate, visit GivingTuesday.org.

